

## Centralina 2025 Aging Conference

Mobile Market Program for Seniors Child, Family and Adult Services

#### Agenda

- ✓ Define food deserts, food insecurity and mobile markets
- ✓ Problem of food insecurity
- ✓ Benefits of mobile markets
- ✓ Mecklenburg's goals for the Program
- ✓ Program development
- ✓Impact
- ✓ Challenges and next steps



#### **Definitions**

**Food Desert-** an urban area in which it is difficult to buy affordable or good-quality fresh food because of affordability and accessibility barriers.

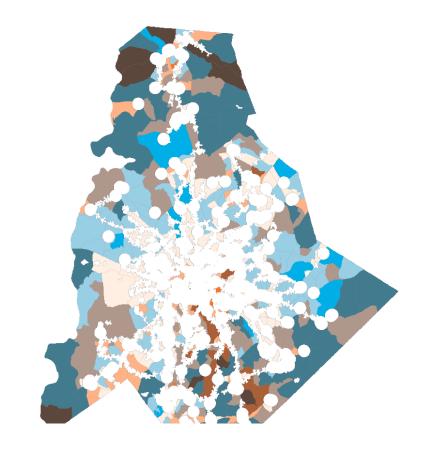
**Food insecurity-**the condition of not having access to sufficient food, or food of an adequate quality, to meet one's basic needs.

**Mobile Markets-** are mobile food pantries or markets that distribute groceries and fresh produce, often in areas with limited access to healthy food.



#### The Problem of food insecurity in seniors

- 107,312 seniors over 60 years of age reside in food deserts
- Less than 1% of seniors in food deserts participate in congregate and home-delivered meal programs.
- Inflation, limited income, health problems, lack of transportation, limited mobility exacerbate the problem of food insecurity.
- Food insecure older adults eat less and reduced quality of food.





#### Mobile Markets- A Viable Solution

- Aim to combat food insecurity.
- Provide convenience and accessibility.
- Cost effective.
- Remove stigma surrounding food pantries by offering more of a shopper experience.
- Foster community engagement.
- Address health disparities.
- Helps with mobilization of food and decrease food wastage.
- Support local farmers- farm to table concept.





#### Goals

- Provide convenience and accessibility to groceries and fresh produce.
- Reach multiple communities with limited access to healthy food on a scheduled or a rotating basis.
- Support local farmers.
- Distribute The Emergency Food Assistance Program (TEFAP) boxes to eligible seniors each month.





#### **Development of the Program**



Criteria for enrollment in the program



Mapping of target communities and potential community partnerships to host the program



Budget for purchase of vehicles and outfitting them



**Budget to purchase food** 



**Food supply sources** 



Staffing requirements for the program



#### Eligibility

- Program eligibility
  - Mecklenburg County residents, age 60 years+.
- TEFAP
  - Has monthly income less than \$2,510.00.



#### **Vehicles**

Truck 1 -\$50,807.00 (FY22) Truck 2 -\$190,000.00 (FY25) Truck 3-\$190,000.00 (FY25)



#### **Food Budget**

\$40,000 (FY23) \$90,000 (FY24) \$110,000 (FY25)



#### **Timeline**

FY25 (July-Dec) FY22 FY23 FY24 12 locations 16 locations 3 locations 119 seniors 1,106 seniors 1,487 seniors 1,519 seniors 158,275 lbs 175,130 lbs 138,000 lbs 3000 lbs



#### Food Partners











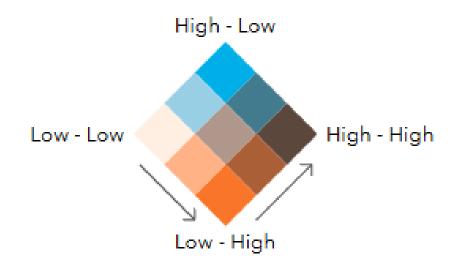


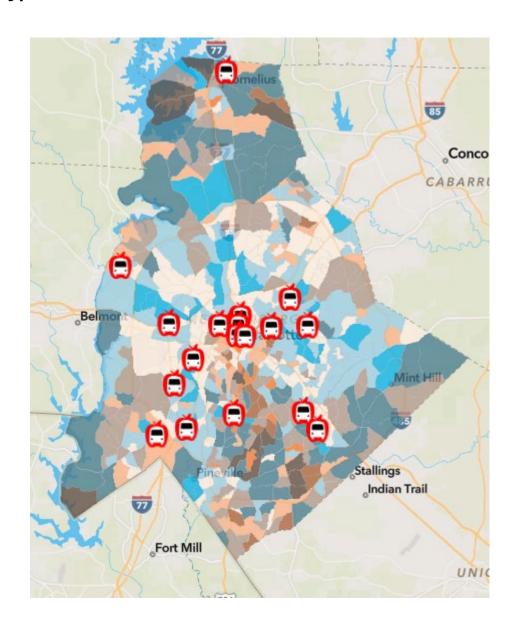


#### **Block Group Relationship by Median HH Income (MM only)**

#### Relationship

- → POP 60+
- ✓ MEDIAN HH INCOME







Forest Point 7805 Forest Point Blvd Charlotte, NC 28217

1st Thurs. of every month

Parktowne Terrace

Parktowne Terrace 5800 Fairview Rd Charlotte, NC 28209 2nd Wed. of every month

WeepIng WIllow Church 2220 Milton Rd. Charlotte, NC 28215 1st Tues. of every month

McAlpine Terrace
6130 Pineburr Rd
Charlotte, NC 28211
3rd Tues of every month

Edwin Towers 210 W 10th St. Charlotte, NC 28210 3rd Thurs. of every month

Davidson Housing (DHC) 220 -A Sloan St (Davidson) Davidson, NC 28036 1st Tues. of every month

CN Jenkins Church 1421Statesville Ave. Charlotte, NC 28206 3rd Tues. of every month The Dannelly
308 Mt. Holly-Huntersville Rd.
Huntersville, NC 28078
4th Tues. of every month

Gables I & II 1125 & 1145 Kohler Ave. Charlotte, NC 28206 1st Wed. of every month

Avion Point 2340 Apex Landing Way Charlotte, NC 28217 2nd Wed. of every month

Anita Stroud 1110 Rising Oak Dr. Charlotte, NC 28206 3rd Wed. of every month

940 Brevard 940 N Brevard St. Charlotte, NC 28206 2nd Tues. of every month Chambers Point 10124 Shaffer Vally Way Charlotte, NC 28273 4th Wed. of every month

Plaza Terrace 1327 Murdock Rd. Charlotte, NC 28205 1st Thurs. of every month

The Mulberry 5945 Tuckaseegee Rd. Charlotte, NC 28208 2nd Thurs. of every month

Clinton Chapel
319 Whitehaven Ave.
Charlotte, NC 28208
3rd Thurs. of every month

Crown Court
9283 Nolley Court
Charlotte, NC 28270
4th Thurs. of every month

Greenville Memorial (New) 6616 Monteith Dr. Charlotte, NC 28213 2<sup>nd</sup> Tues of every month

Arbor Glen Rec. Center (New) 1520 Clanton Rd. Charlotte, NC 28217 2<sup>nd</sup> Thurs of every month

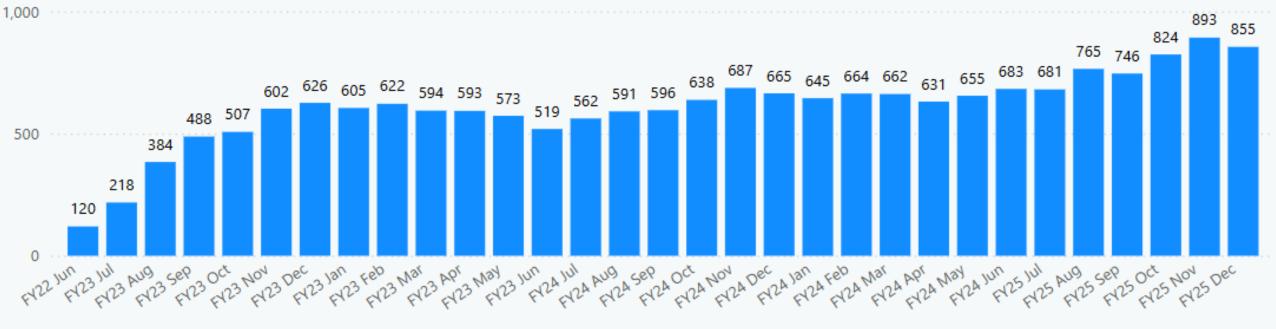
#### **Impact**

- 25,000-30,000 pounds of food distributed each month (FY25).
- 850-1000 participants (FY25).
- 175,130 pounds of food distributed in FY24 (1,487 seniors).
- FY24 survey (388 respondents)
  - 80% stated that they consume more fresh produce.
  - 54% stated that their monthly food expenses were reduced.





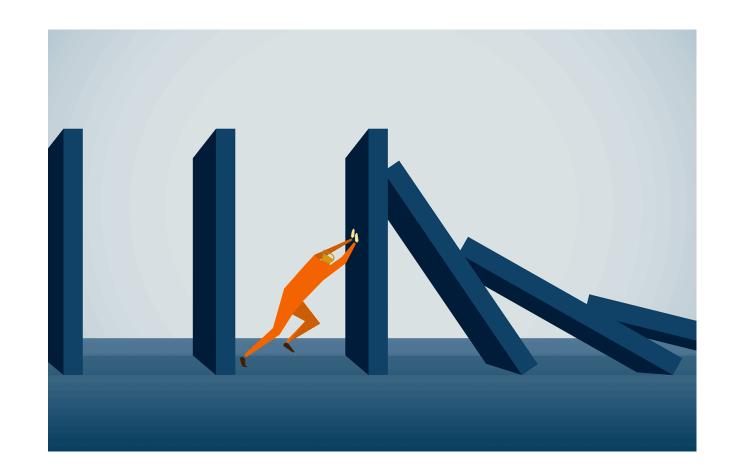






#### Challenges

- Sustainability of the of the Program
- Contractual challenges
- The problem still exists for
  - those who are unable to walk or drive to the distributing locations.
  - those who are unable to prepare meals





#### **Next Steps**

- Explore opportunities to increase food supply
- Find new grant opportunities to support expansion of the program.
- Continue efforts for effective targeting and prioritizing service to those who can benefit the most from the program.







