



Transportation for Older Adults, People with Disabilities and Caregivers:

A Critical Lifeline Supporting Independence



CENTRALINA
Area Agency on Aging

NADTC

Transportation Mini-Series

Transportation for Older Adults, People with Disabilities and Caregivers: A Critical Lifeline Supporting Independence



National Aging & Disability Transportation Center

Our Mission:

To promote the availability of accessible transportation options that serve the needs of Older Adults, People with Disabilities, Caregivers and Communities.

National Aging & Disability Transportation Center

What We Provide:

- Technical Assistance & Training
- Publications & Resources
- Partnership Coordination
- Community Grants and Coalitions

“Our decisions about transportation determine much more than where roads or bridges or tunnels or rail lines will be built. They determine the connections and barriers that people will encounter in their daily lives - and thus how hard or easy it will be for people to get where they need and want to go.”



Elijah Cummings

American politician and civil rights advocate who served in the United States House of Representatives for Maryland's 7th congressional district

The impact of not having access to transportation

- Older adults who stop driving take 15% fewer trips to the doctor, 59% fewer shopping trips and 65% fewer social, family, religious and other life-enhancing trips
- Half of older non-drivers do not leave their homes on any given day
- 3.6 million Americans miss or delay non-emergency medical care because of lack of transportation

The impact of not having access to transportation

- Only 10% of the Medicaid population uses NEMT (nonemergency medical transportation), representing @ 1% of total Medicaid spending
- 78% of family caregivers provide or arrange transportation; caregivers provided 1.4 billion rides to older adults in 2011

Human Services Transportation

- Transportation services provided **by or on behalf of a human services agency** to supplement available transportation to meet the needs of a particular population (older adults, people with disabilities, children, veterans, etc.)
- Provides access to agency services and/or to meet the basic, day-to-day mobility needs of transportation-disadvantaged populations

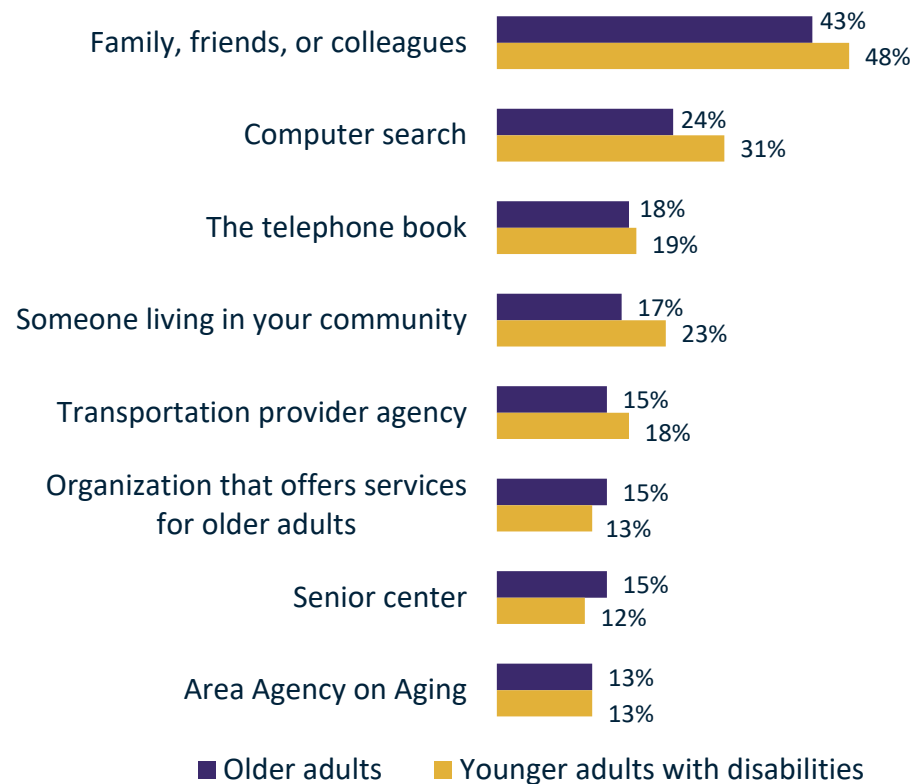
A Network of Transportation Options

- Fixed Route Public Transit
- Friends, Family and Caregivers
- Local ADA Paratransit (limited-service area)
- Volunteer Services
- Transportation Vouchers
- Private-Pay Transportation Taxi, Uber, Lyft
- Neighborhood Shuttles
- Driving
- Walking/Biking
- Medicaid Non-Emergency Medical Transportation
- Medical Transportation



Many rely on friends and family for information about transportation options. Some search the Internet.

Top Tier Information Sources



Bottom Tier Information Sources



What Do Riders Want?

- Reliable rides
- Safe rides
- Driver assistance
- Courteous service
- Affordable trips
- Easy to book trip and trip information
- Family or companions can ride on with them



Top Barriers to Using Transportation for Older Adults and People with Disabilities

- Transportation Services are too expensive
- Not enough services for people w/ disabilities
- Not enough public transportation options
- Transportation services are difficult to access
- Concerns about wait times

Consumer Transportation Challenges

There is no single “go-to” information resource for alternative transportation options. Most turn to family and friends for help.

Most believe finding alternative transportation will be difficult.

Fewer people living in rural areas or small towns say their transportation alternatives are good.

Challenges: In their own words

*"I want to go everywhere...I don't want to be limited..."
-Older adult from Georgia*

*"I take county transit to the doctor and grocery shopping, but otherwise I am not able to leave my home; I would get out more if I had the choice."
-Younger adult with a disability from Kansas*

"I am the transportation to grocery and doctors' appointments for my aunt and brother. It is an issue with gas prices. I don't get a break; I change my schedule to meet theirs." -Ohio caregiver

Connecting Consumers to Community Resources



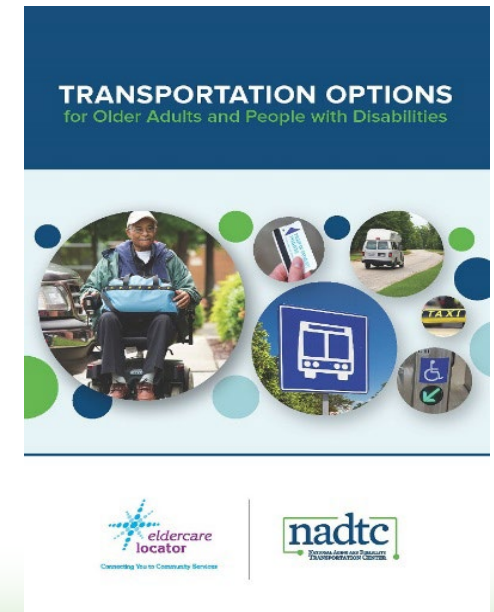
LONGSTANDING
PARTNERSHIP
WITH THE
ELDERCARE
LOCATOR



JOINT
PUBLICATIONS
PROMOTING
TRANSPORTATION
OPTIONS



Connecting You to Community Services



Overcoming the Challenge of Connecting to Transportation

- Have I identified the most relevant and most widely available transportation services?
- Have I “gotten to know” local transportation options?
- Am I familiar with travel training and transportation planning approaches?

National Aging & Disability Transportation Center

Where to Find Us:

- Website
- Monthly eNews
- Social Media
 - Linked in
 - Facebook
 - Twitter
 - Youtube

Join our Mailing List!



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Find us on Facebook, Twitter,
YouTube & LinkedIn



Resources

National Aging & Disability Transportation Center:

- <https://www.nadtc.org/>

NC4A:

- <https://www.nc4a.org/>
- <https://www.nc4a.org/membership>

NCDAAS Transportation Directory:

- <https://www.ncdhhs.gov/divisions/aging-and-adult-services/transportation-services>

Resources

NCDOT Local Transit Search:

- <https://www.ncdot.gov/divisions/integrated-mobility/public-transit-services/Pages/local-transit-search.aspx>

NCPTA:

- <https://www.nctransit.org/interactive-system-maps/>

Centralina Area Agency on Aging:

- <https://centralinaaging.org/what-we-do-services/transportation/>

THANK YOU

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