



CENTRALINA
Area Agency on Aging

How to Find Transportation Options in North Carolina



How to Find Transportation Options in North Carolina

Transportation Mini-Series

By 2030, **1 in 5** North
Carolinians will be 65 or
older.





90% of adults
age 65 and older say they
hope to stay in their
homes for as long as
possible.²

But to do so, many people will eventually need
some level of service or support to live safely and
successfully in their home or community.

Transportation Needs and AAAs

Many older adults may live a decade or longer without a personal car. When driving is no longer an option, alternative arrangements must be made to access important resources such as healthcare, healthy food, community support, religious organizations and more.

Area Agencies on Aging work with transportation providers to increase access to transportation options.

Contact your local AAA to learn more about transportation options in your area.

What AAAs Do...

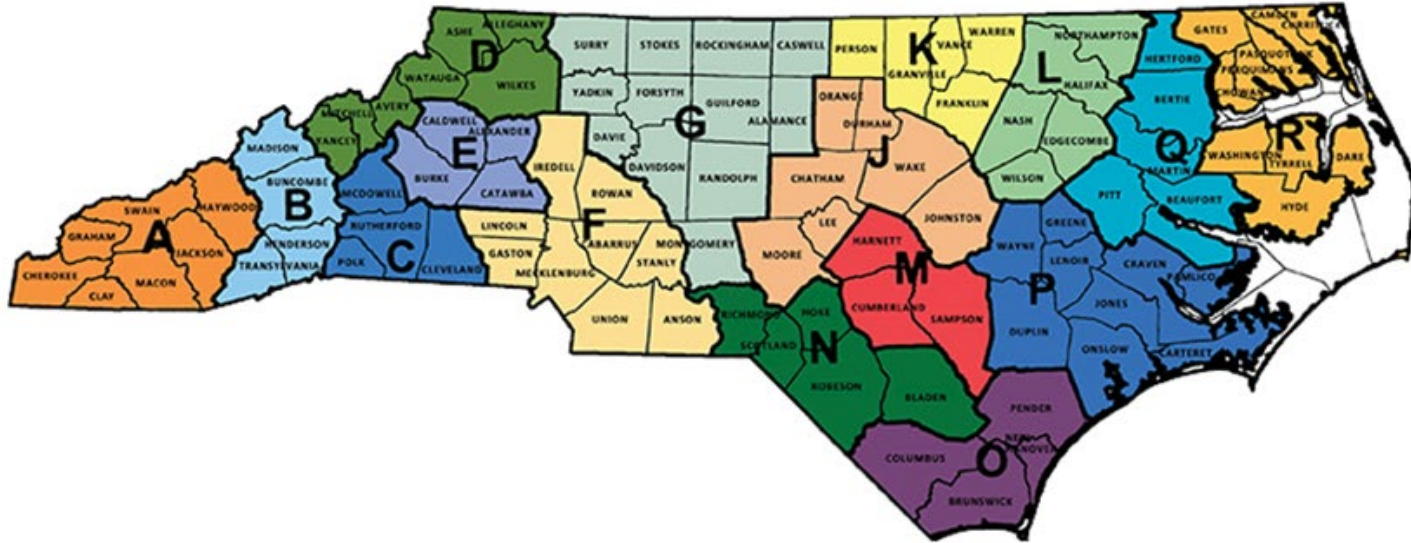
- Their primary purpose, in North Carolina, is **to help older adults and people with disabilities live in their communities in the least restrictive environment with maximum dignity and independence.**
- **AAAs contract with local service partners** to deliver many direct services, such as meals, transportation and in-home services. AAAs also coordinate and deliver services such as the regional long-term care ombudsman program, information and options counseling, care management, benefits/health insurance counseling, evidence-based health promotion programs and family caregiver support programs.

What is the NC4A?

NC4A is an association comprised of all 16 of the state's area agencies on aging.

- The association's primary mission is to build capacity and coordinate the activities of the 16 Area Agencies on Aging (AAAs) in North Carolina.
- The N.C. Aging Network has provided programs and services to seniors, caregivers and individuals with disabilities for over 40 years.
- This network operates in all 100 counties to support individuals across the continuum of care from the very well to the very frail in the community and in long-term care facilities.

NC4A Roster



<https://www.nc4a.org/membership>

Find Your Local AAA

NC4A:

- <https://www.nc4a.org/>
- <https://www.nc4a.org/membership>

Public Transportation in North Carolina



Find your local public transit provider:

- <https://www.ncdot.gov/divisions/integrated-mobility/public-transit-services/Pages/local-transit-search.aspx>

Local Transit Search

Public transportation is available in all North Carolina counties. Search below for transit options in any North Carolina county or city.

For questions or comments, please [send a message](#).

Search:

Showing 1 to 25 of 173 entries

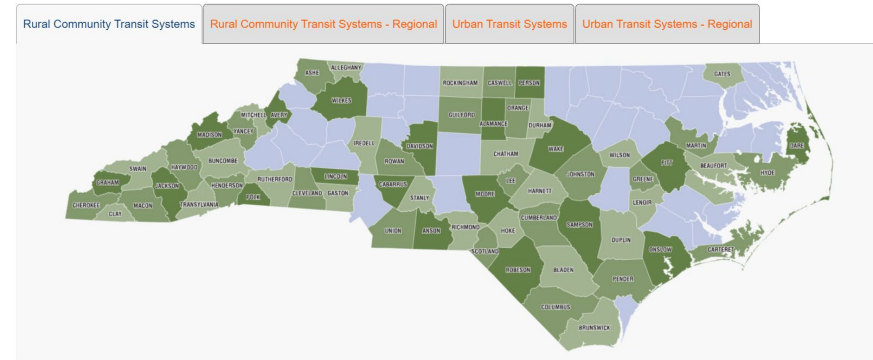
County ▾	City ◇	Transit Provider ◇	Mode ◇
Alamance		Alamance County Transportation Authority	Community
Alamance		Piedmont Authority for Regional	Regional Urban

Find your local public transit provider:

- <https://www.nctransit.org/interactive-system-maps/>

NC Public Transportation Systems

View any one of the four maps listed below. Then hover over a city/county/region to identify the transportation system in that area. Click on the name of the system, and you will be taken to the website of that transportation system.



Resources

National Aging & Disability Transportation Center:

- <https://www.nadtc.org/>

NC4A:

- <https://www.nc4a.org/>
- <https://www.nc4a.org/membership>

NCDAAS Transportation Directory:

- <https://www.ncdhhs.gov/divisions/aging-and-adult-services/transportation-services>

Resources

NCDOT Local Transit Search:

- <https://www.ncdot.gov/divisions/integrated-mobility/public-transit-services/Pages/local-transit-search.aspx>

NCPTA:

- <https://www.nctransit.org/interactive-system-maps/>

Centralina Area Agency on Aging:

- <https://centralinaaging.org/what-we-do-services/transportation/>

THANK YOU

704-372-2416 | info@centralina.org | 10735 David Taylor Drive,
Suite 250, Charlotte, NC 28262 | www.centralina.org